### WHAT IS C. acnes?

Acne is a skin condition that is guite common and, in fact, is experienced by as many as 3 out of 4 teenagers to some extent. There are many types of acne and the most common form is acne vulgaris.

Just beneath the surface of the skin are hundreds of tiny glands called sebaceous glands. These glands produce oil which normally passes through the pores to the skin and keeps your skin soft and smooth.

During adolescence, hormonal changes can stimulate the glands to produce extra amounts of this which can contribute to clogging pores. Certain types of bacteria that are commonly found on the skin, such as C. acnes, can increase in volume in the presence of this oil and activate your immune system. In a short time, the skin becomes irritated. red and swollen resulting in the formation of a "pimple". This is a type of moderate inflammatory acne. At certain times of life, this process becomes very active, troublesome and hard to control.





1. LEVULAN® KERASTICK® full Prescribing Information, February 2020.

**BLU-U®** Blue Light Photodynamic Therapy Illuminator Model 4170



**IF YOU HAVE** ACNE... you have a voice in your choice!



If you have moderate inflammatory acne, take a moment to answer these questions and learn about an in-office treatment option.

Are you annoyed by or tired of taking medications every day for your moderate inflammatory acne?



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Are you taking antibiotics to treat your moderate inflammatory acne and worried about the side effects or potential risk of developing bacterial resistance?

Would you like an in-office option that takes away the nuisance and mess of at home topical treatments?

If you answered yes to any of the questions above, ask your dermatologist about BLU-U<sup>®</sup> therapy.

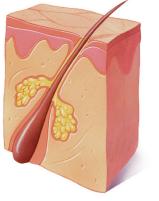


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Have a voice in your choice

# BLU-U<sup>®</sup>, the effective, non-drug therapy

for moderate inflammatory acne

### What is BLU-U blue light?

BLU-U Blue Light Photodynamic Therapy is a non-drug therapy for moderate inflammatory acne. It is a unique blue light that reduces inflammation in your skin by controlling *C. acnes* bacteria levels without exposing you to oral or topical antibiotics.

#### Moderate Inflammatory Acne



**BLU-U Blue Light Therapy** 











## What BLU-U blue light treatment is right for me?

If you have moderate inflammatory acne and are concerned about using topical or oral antibiotics and retinoids. Or are unhappy with your current results, ask your dermatologist if BLU-U is right for you.

# What is BLU-U blue light therapy like?

BLU-U treatments are relatively simple. You just have to sit with your face close to the medically approved blue light for approximately 16-minutes two to three times per week. The length of the treatment course will be determined by your dermatologist. BLU-U therapy may improve your moderate inflammatory acne and may also clear it up for a length of time.<sup>1</sup>

### Is BLU-U blue light therapy safe?

BLU-U therapy has a strong safety profile. Since it is a medical device and not a drug there are no systemic side effects to worry about. Side effects may include risk of skin darkening in some individuals.<sup>1</sup>

The BLU-U light is FDA cleared for treatment of moderate inflammatory acne. This device should not be combined with photosensitizing drugs when treating moderate inflammatory acne.